

The Home of Good Indian Food

INDIAN RESTAURANT

75-77 MAUNGANUI ROAD, MOUNT MAUNGANUI PH/FAX 07-575 2539

SUMMER: OPEN 7 DAYS MONDAY – SUNDAY

WINTER: OPEN 7 DAYS MONDAY - SUNDAY

DINNER: 5.00 PM TILL LATE

DAIRY FREE AND GLUTEN FREE OPTIONS LARGE SELECTION OF VEGETARIAN DISHES

NAMASTE

Welcome to the Bombay Brasserie. We trust that you will enjoy a truly unique and distinctive dining experience whilst indulging yourselves with the true taste of fine Indian cuisine.

THE FLAVOUR OF INDIA

From the seemingly infinite diversity of culinary creations existing throughout the Indian subcontinent - we have chosen to present some of the more characteristic, yet legendary dishes. The common term "curry" is an English adaptation of the Tamil word "kari" - meaning in effect - a "seasoned sauce" and traditionally never applied to identify Indian cuisine as a whole.

Incredibly varied, Indian cuisine is a combination of many nationalities and cultures. The most elaborate dishes come from the north and were inherited from the invading Persian Moguls. Pulaos and Biryanis are rich and lavish due to the ingredients used - an abundance of meat, ghee, nuts and saffron. The north Indian Kormas with their savoury sauces, kebabs and tandoori dishes, complemented by home made wheat breads such as Chappatis, Parathas and Naan, are world renowned. Hot, spiced tea is the favourite drink in the cold north Indian winter.

In southern India, where for the most part, people are vegetarians, rice is the staple food and is served throughout the meal. The dishes are also hotter than the northern dishes with chillies being a popular ingredient, as well as large amounts of coconut oil and coconut milk. Southern Indians prefer steamed food rather than the barbecued tandoori food so popular in the north and the favourite beverage is freshly roasted, ground coffee with sugar and milk. The Nilgiri Hills in the south are famous for producing some of the world's finest coffees.

SPICES OF LIFE

Around 5000 years ago, the Himalayan Sages conceived the use of spices and herbs as a natural means to balance the metabolism of the body. Some spices were "heat producing"; others were "cooling".

The knowledge became part of Ayurveda - the Hindu "Science of Medicine" - eventually surfacing as taste giving ingredients in Indian cooking and it is the variety, the combinations and the myriad uses of spices that distinguishes Indian cooking from any other cuisine in the world.

The origin of the popular aphorism "The Spice of Life" can perhaps be traced to those ancient times.

TANDOOR - A TIMELESS TRADITION

Indian villagers still use the traditional mud stoves and clay ovens, fed with coal or firewood, giving the food a special smoked flavour.

One such oven is the "Tandoor". Shaped like a barrel with live coals at the bottom, the cylinder becomes evenly heated.

The food, prepared first in a special marinade, is spiked on long metal rods and inserted into the oven for roasting.

The Tandoor was introduced into India from the Arab world prior to the 13th century.

ROTI

The chorus of 1 billion Indians? Roti! It is the most commonly spoken word. It means bread.

ROTI: Originally, the name applied to ground whole wheat dough roasted over an open fire on a "Tava" or cast iron plate.

PURI: A Chapati, deep fried in ghee (clarified butter).

PARATHA: Roti, lightly fried on a "Tava" sprinkled with oil, rather than deep fried like the Puri. A thicker layered Roti of richer taste, which permits a number of stuffings to be used for further enhancing the taste and nutritional value.

NAAN: The Persian word for Roti, generally applied to refined, white bread made with flour (Maida).

TANDOORI and TANDOORI NAAN are those breads roasted in the Tandoor.

The variety of Indian breads is enormous and differs from region to region.

SHURU	AAT 🔷 EI	NTREE	
VEGETABLE SAMOSA Short pastry pockets filled with vegetables & spices, served with home-made sauces. Two pieces per portion.	\$9.00	 MIXED PLATTER FOR 2 A combination of Samosas, Pakoras, Choosa Tikka & Seekh Kebab. 	\$25.90
2. AWADHI SEEKH KEBAB A speciality from the kitchens of the "Nawab of Rampur". Lamb mince with onions & spices, skewered and cooked in the Tandoori oven.	\$18.00	10. VEGETARIAN PLATTER FOR 2 A combination of Samosas, Pakoras, Cauliflower Pakora & Onion Bhaji.	\$24.90
3. CHOOZA TIKKA Boneless spring chicken fillet marinated overnight & cooked	\$18.00	11. ONION BHAJI Sliced onion dipped in spicy chick pea flour batter & deep fried. Served with dipping sauces.	\$9.00
in the Tandoori oven. 4. MALAI TIKKA Fillets of chicken marinated in yoghurt, crushed cashews,	\$18.50	12. PANEER PAKORA Home-made cheese dipped in spicy chick pea flour batter & deep fried. Served with dipping sauces.	\$18.00
spices & then cooked in the Tandoor. 5. SHRIMP PAKORA Shelled shrimps dipped in spicy chickpea flour batter & deep	\$18.50	13. TANDOORI CHICKEN Chicken marinated in spices, ginger & garlic HALF extracts, lemon juice, yoghurt & smoke roasted.	\$26.90 \$18.90
fried. Served with dipping sauces. Eight pieces per portion 6. NIMBU MACHLI TIKKA (FISH TANDOORI) Fillets of fish soaked in exotic fine spices & yoghurt, cooked	\$23.50	14. KESRI PANEER TIKKA Cubes of Paneer, onion, & capsicum marinated with ginger, garlic paste & then roasted in the Tandoor.	\$22.00
gently in the Tandoori oven with a generous squeeze of lemon. 7. VEG PAKORA AMRITSARI	\$9.00	15. CHEESE CHILLI Cubes of Paneer marinated with cornflour &spices, tossed with capsicum, onion & sweet and sour sauce.	\$20.50
Mixed vegetables, dipped in masala & deep fried with chickpea flour batter. Four pieces per portion. 8. MEAT PLATTER FOR 2	\$26.90	16. VEG MANCHURIAN Deep fried veg balls cooked with chopped capsicum & onions in Manchurian gravy.	\$19.50
Combination of Chooza Tikka, Seekh Kebab, Haryali Chicken Tikka, & Shrimp Pakora. A delightful combination for the meat lover.	7==100	17. TANDOORI PRAWN Prawns marinated in spices, ginger, garlic, lemon juice & slowly roasted in the Tandoor. Ten pieces.	\$22.00

RASOEE ♦ KHANA From the Curry Kitchen

All Curry Mains served with Basmati rice.

GOAT MAINS \$27.50

18. GOAT CURRY

Diced boneless pieces of goat cooked with chef's spices. A Bombay Brasserie signature dish.

19. GOAT SAGWALA

Diced goat cooked in fresh spices and a puree of green leafy spinach.

20. BAKRA ROGANJOSH

A popular preparation from North India. Rich gravy is used to finish the pot roast; garnished with green coriander.

21. GOAT JALFREZI

Diced goat cooked with spices and vegetables.

22. GOAT PASANDA

Diced goat lightly sautéed in onions, garlic, ginger, coriander, tomatoes, with spices, yoghurt, cream and crushed almonds.

23. GOAT DO PIAZA

Diced goat with sautéed onions & spices. A popular dish.

24. GOAT MASALA

Diced goat with capsicum, tomato, cashews, cream & spices.

25. GOAT KORMA

Diced goat cooked in a sauce of almond paste, cream & spices.

26. KADAI GOAT

Boneless pieces of goat meat cooked with crushed tomatoes, onions, fresh coriander & chillies.

LAMB MAINS \$27.50 BEEF MAINS \$26.00

27. LAMB / BEEF VINDALOO

A typical Goanese style dish cooked in vinegar & whole spices.

28. MUTTON 'ANARKALI' (MUGHLAI)

Anarkali - the dancing girl that almost stole the Mogul throne. Tender morsels of lamb, sautéed with onions, tomatoes & chopped mint leaves sprinkled onto dish.

29. LAMB / BEEF ROGANJOSH

A popular preparation from North India. Rich gravy is used to finish the pot roast; garnished with green coriander.

30. LAMB / BEEF KORMA

Diced lamb / beef cooked in a creamy sauce made of almond paste, cream & spices.

31. LAMB / BEEF SAGWALA

Blended to perfection in Mughlai tradition. Diced lamb / beef cooked in fresh spices & a puree of green leafy spinach.

32. BHUNA LAMB / BEEF

Diced lamb / beef cooked with ginger, garlic, onion & spices.

33. LAMB / BEEF MADRAS

A hot South Indian dish, cooked to suit your palate.

34. LAMB / BEEF JALFREZI

Diced lamb / beef cooked with spices & vegetables.

35. LAMB / BEEF PASANDA

Diced lamb / beef lightly sautéed in onion, garlic, ginger, tomatoes, & cooked with spices, yoghurt, cream & crushed almonds.

36. LAMB / BEEF DO PIAZA

Diced lamb / beef cooked with sautéed onions & spices. A popular dish.

37. LAMB / BEEF NAWABI

Diced lamb / beef cooked with dried fruit & spices.

38. LAMB / BEEF MASALA

Diced lamb / beef cooked with capsicum, tomato, cashews, cream & spices.

RASOEE SHANA From the Curry Kitchen continued

CHICKEN MAINS \$26.00

39. BUTTER CHICKEN

A chicken delicacy half cooked the tandoori way, the other half finished the curry way. A creamy tomato flavoured curry with a touch of pepper for a delicate palate.

40. MURGEE MADRAS

South Indian curry usually very hot but we can prepare it to suit your palate.

41. CHICKEN VINDALOO

A Goanese style dish cooked with vinegar & spices.

42. CHICKEN JALFREZI

Boneless chicken cooked in spices & vegetables.

43. CHICKEN KORMA

Boneless chicken cooked in a creamy sauce made of almond paste, cream & spices.

44. CHICKEN TIKKA MASALA

& spices. Non-creamy dish.

A very popular dish. Boneless chicken cooked in a secret recipe of yoghurt & spices.

45. CHICKEN SAGWALA

Blended to perfection in Mughlai tradition. Boneless chicken cooked in fresh spices & a puree of leafy spinach.

46. BHUNA CHICKEN

Boneless chicken cooked with ginger, garlic, onion & spices.

47. KADAI CHICKEN

Boneless chicken cooked with crushed tomato, onions, fresh coriander, & chillies.

48. CHILLI CHICKEN

A popular dish of chicken pieces battered in egg & cornflour, & cooked with capsicum, onions & spices.

49. CHICKEN PASANDA

Tender pieces of chicken lightly sautéed in onions, garlic, ginger, coriander, tomatoes with spices, yoghurt, cream & crushed almonds.

50. MURG KALIMIRCH

Boneless chicken cooked with crushed black pepper and cashew gravy.

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HARYALI BAC	GH 🕸 From	the Vegetable Garden	
51. PALAK PANEER Dry combination of spicy spinach & cottage cheese. 52. SHAHI PANEER	\$22.90 \$22.90	66. VEGETABLE JALFREZI Seasonal vegetables cooked with spices, tomatoes, capsicum. Non creamy dish.	\$22.90
Home-made cottage cheese in creamy tomato sauce. 53. MALAI KOFTA	\$22.90	67. SUBZI MALABARI Seasonal vegetables pan tossed with gravy sauce and	\$22.90
Cottage cheese, potato, raisins, shaped into ping-pong balls, deep fried & served in a rich curry sauce.	7	finished in coconut cream. 68. PANEER MAKHANI	\$22.90
54. BOMBAY ALOO Diced potatoes with cumin seed & spices. A dry dish	\$21.90	Diced cottage cheese cooked with tomato puree, fresh cream and perfected with butter sauce.	ć22.00
55. ALOO GOB! Cauliflower & potatoes cooked with onions & spices.	\$21.90	69. PANEER BUTTER MASALA Home-made cottage cheese cooked in rich onion, tomato & masala gravy with a touch of cream.	\$22.90
56. ALOO CHOLE Popular chickpea & potato curry in masala sauce.	\$21.90	70. KADAI PANEER Home-made cottage cheese cooked in onions,	\$22.90
57. NAVRATAN KORMA (MIXED VEG.) Seasonal mixed vegetables in almond based curry sauce. Creamy dish	\$22.90	tomatoes, capsicum, coriander & spices. 71. MUSHROOMS MATTAR KORMA	\$22.90
58. PANEER MATTAR Home-made cottage cheese & peas in curry sauce.	\$22.90	Mushrooms & green peas cooked in a creamy sauce made of almonds, cashews, cream & spices.	
59. TADKA DAL Combination of 3 lentils sautéed with onions & garlic.	\$21.90	72. PANEER JALFREZI Home-made cottage cheese cooked with spices & vegetables.	\$22.90
60. DAL MAKHANI Lentils cooked with garlic & spices.	\$21.90	73. PANEER METHI MALAI Cubes of Paneer cooked with green fenugreek &	\$22.90
61. DAL SAG Lentils cooked with spinach & spices.	\$21.90	finished in a creamy sauce. 74. MUSHROOM MASALA	\$22.90
62. DAL PUNCHMEL Combination of 5 lentils cooked with ginger, garlic,	\$21.90	Mushrooms cooked with onions, tomato masala & veg gravy cooked in spices.	
onions, tomatoes, spices & finished with coriander. 63. PALAK ALOO Diced potatoes with a puree of leafy spinach & spices.	\$22.90	75. PANEER DHANIYA ADRAKHI Cubes of Paneer cooked in a creamy sauce with ginger & coriander.	\$22.90
64. KHUMB MATTAR Mushrooms & green peas with garlic, cream & spices.	\$22.90	76. MUSHROOM PALAK Mushrooms cooked in a puree of spinach & spices.	\$22.90
65. MIXED VEGETABLE CURRY Seasonal vegetables cooked in a gravy sauce with garlic	\$21.90		

RASOEE � KHANA From the Curry Kitchen continued				
FISH MAINS				
77. JHINGA (SHRIMP) MALABARI Shelled shrimps cooked in coconut & capsicum.	\$26.90	81. MACHLI (FISH) TAMATARWALI Fish of the day cooked with fresh tomatoes, herbs &	\$26.90	
78. JHINGA (SHRIMP) SAGWALA Shelled shrimps cooked with spinach & spices.	\$26.90	fresh coriander. 82. FISH JALFREZI	\$26.90	
79. BUTTER SHRIMP Shelled shrimps cooked in a creamy sauce.	\$26.90	Fish of the day cooked with spices & vegetables. 83. FISH MASALA	\$26.90	
80. JHINGA (SHRIMP) MASALA Shelled shrimps cooked with capsicum, tomatoes, cashews & spices.	\$26.90	Fish of the day cooked in a masala sauce.		
VARIETY OF INDIAN BREADS				
84. NAAN	\$5.00	89. VEG PARATHA	\$7.00	

VARIETY OF INDIAN BREADS				
84. NAAN Plain white flour bread.	\$5.00	89. VEG PARATHA Stuffed with spiced vegetables.	\$7.00	
85. KEEMA-NAAN Stuffed with spiced lamb mince.	\$7.00	90. PANIR KULCHA Stuffed with cottage cheese & spices.	\$7.00	
86. NAAN MAKHANI Bread stuffed with butter & lightly garnished.	\$5.00	91. CHEESE AND GARLIC NAAN Naan stuffed with cheese & a touch of garlic.	\$7.00	
87. GARLIC NAAN A touch of chopped garlic.	\$5.00	92. TANDOORI ROTI Wholemeal bread.	\$4.50	
88. PESHAWARI NAAN Naan stuffed with dried fruit & nuts.	\$7.00	93. ALOO PARATHA Naan stuffed with mashed potato, coriander, spices, garlic & ginger paste.	\$7.00	

SIDE DISHES (per serve)

94. SIDE DISHES (PER SERVE)

Pappadoms, Mint Chutney, Mixed Hot Pickle, Mango Chutney, Natural Yoghurt, Raita, Tamarind Sauce, Kechumber \$4.00

Indian Salad \$6.00

RICE PULAO & BIRYANIES			
95. BASMATI RICE	\$6.00	98. LAMB / BEEF / CHICKEN BIRYANI	\$23.50
Plain basmati rice. Per serve:		Tender cuts of meat cooked with basmati rice.	
96. PEAS PULAO	\$9.50	99. VEGETABLE BIRYANI	\$22.00
Basmati rice cooked with sautéed onions & spices.		Basmati rice cooked with diced fresh vegetables.	
97. CHICKEN FRIED RICE	\$23.50		
Tender pieces of tandoori chicken, egg and diced onions			
cooked with Basmati rice			

MAHARAJA KHANNA ♦ A BANQUET

PRACTICALLY EVERYTHING! \$48.00 PER HEAD

ONLY AVAILABLE FOR TWO OR MORE

Mixed Platter of Entrée, Butter Chicken, Beef Korma **OR** Lamb Korma, Aloo Mattar Tamatar, Rice, Naan, along with a side dish platter of Mango Chutney, Mixed Pickle and Raita.

♦ VEGETARIAN BANQUET ♦

\$48.00 PER HEAD

ONLY AVAILABLE FOR TWO OR MORE

Vegetarian Platter, Navratan Korma, Bombay Aloo, Aloo Mattar Tamatar, Rice, Naan, Raita, Mixed Pickle, Mango Chutney

FULLY LICENCED & BYO (WINE ONLY)
Service Charge \$8.00 per bottle.

DOGGY BAG CONTAINER CHARGE - 70c per container

Visit our Website: www.bombaybrasserie.co.nz